

DOLPHIN DIARY UPDATE I MARCH 2013

Exclusive Tours to Observe & Engage with the Dolphins of Ponta.

Read the 2012 Report on Responsible Whale & Dolphin Watching!
The commercial advantages of a sustainable approach! [Link below.](#)

For the Love of Dolphins!
Dolphin Research Team

11 to 15 March I 18 to 22 March* I 25 to 29 March* I 29 March to 01 April*
* HIGH SEASON DATES

DOLPHIN ENCOUNTER

Guides: Angie I Mitchel I Diana

Encountour description: An educational and ethical wild dolphin swim programs that supports the longterm monitoring of the Dolphins of Ponta. Responsible marine mammal tourism at its best!

Tours include: Exclusive Sea-view accommodation on the beach or at OLar do Ouro in the Village, brunches, early morning dolphin sessions (weather dependent) and the dolphincare code of conduct© including species and behavior introduction, snorkeling pre-training & boat safety. Encountours are guided by a passionate team of experts who have closely worked with the Dolphins of Ponta for almost two decades. Angie Gullan founded and pioneered dolphin swim programs in Mozambique during the mid 1990's and co-guides with Mitchel Niemeyer - dedicated dolphin skipper for the past 8 years and Mozambican biologist Diana Rocha (owner of Olar do Ouro). Encountours continues to fund research and conservation efforts in the area with a focus on the resident dolphins.

VENUE: DOLPHIN ENCOUNTERS ON THE BEACH BRUNCH

3 night 3 launch dolphin encounter @ R3000 LS
 3 night 3 launch dolphin encounter @ R3150 HS
 4 night 4 launch dolphin encounter @ R3980 LS
 4 night 4 launch dolphin encounter @ R4280 HS
 7 night 4 launch dolphin encounter @ R5280 LS
 7 night 4 launch dolphin encounter @ R5630 HS



VENUE: OLAR DO OURO IN THE VILLAGE D/B/B

3 night 3 launch dolphin encounter @ R3360 LS
 3 night 3 launch dolphin encounter @ R3570 HS
 4 night 4 launch dolphin encounter @ R4260 LS
 4 night 4 launch dolphin encounter @ R4540HS



Providing group size is four +, and start days Mondays or Thursdays we will be able to accommodate most dates. All dolphin retreats are based on the encounter and offer block bookings for retreats based on 12 guests at Olar do Ouro.

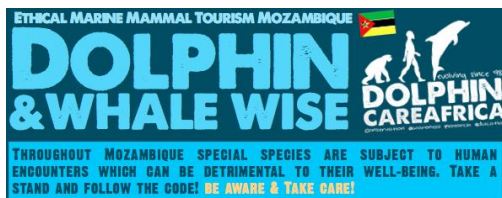
STO less 10% | CHILD under 12 less 10% | Block booking discounts on encounters

bookings@dolphin-encounters.co.za | +258 84 330 3859

DOLPHINCARE.ORG 30 DAY VOLUNTEER PROGRAM

Placements for March and May are available. Thirty days based in Ponta do Ouro, where you will be directly involved with the many activities undertaken by the dolphin team. This is the ideal sabbatical and getaway for those who would like to spend some soul time with the dolphins while learning about them, the marine environment and ethical marine mammal tourism practice.

Full board R14 600 research@dolphincare.org



Refrain from swimming with marine mammals unless with authorized operators.

If in the event you find yourself in the company of marine mammals remain calm.

Do not swim after or towards them. Refrain from diving down and do not touch.

Do not use flash photography & under water scooters.

Do not enter into the water with newborns.

No more than one vessel should approach marine mammals within 300 meters at a time.



Licensed operators are encouraged to follow the dolphincare in-water code of conduct!

[Further information can be found here!](#)

[Read the Report on Responsible Whale & Dolphin Watching!](#)

For the Love of Dolphins!



DOLPHIN RETREATS

FOR THE HOLISTICALLY
MINDED

RETREAT: THE HEALING POWER OF DOLPHINS

Facilitator: Mandy Young

01 to 05 May | 29 to 02 June | 31 July to 05 August

Name of Retreat: Struggling with depression or an inner emptiness

Dates: 1 to 5th may 201

3

Retreat description: Sometimes life is challenging and you may feel that right now you do not have the resources to feel joyful. Wild dolphins who have a healthy adaptation to their environment and a jubilant wellness about their presence inspires those who swim with them to experience a sense of worth and joie de vivre. Join Mandy Young, Ecopsychologist, who facilitates this 5 day/4 night experience. She uses her understanding of people and nature to help you with personal, inspiring life-insights to change perceptions and break out of pattern of negativity and hopelessness.

[Link to retreat details](#)

Mandy Young |

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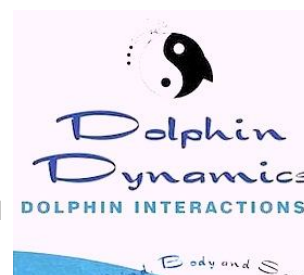
RETREAT: DOLPHIN DYNAMICS

Facilitator: Debbie and Tania

15 to 20 May | 11 to 16 October

Retreat description:

A time to interact with the Dolphins of Ponta, learn to snorkel, attend



informative talks on dolphins, their behavior, conservation and therapeutic effects. A time to experience daily Kundalini yoga classes, a time to breathe and meditate, to relax, connect and be free. Facilitated by energy healer and animal communicator, Debbie Caknis. Retreat fully inclusive of transport from Durban, interactive dolphin encounters, brunch and dinners, body therapy/consultation, shared, en-suite, air-conditioned accommodation.

EARLY BIRD DISCOUNT STILL AVAILABLE FOR MAY!

[Link to retreat details](#)

Debbie Caknis |

Cell: +27 83 558 2555

RETREAT: SACRED SPIRAL DOLPHIN RETREAT

Facilitator: Paul Carlos

Dates 21 to 26 March 2013

Retreat Name: Sacred Spiral Yoga Retreat

Retreat description: Paul Carlos will lead a full Sacred Spiral Yoga Retreat including – Meditation, Relaxation, Asana, Pranayama and more – to this exquisite Indian Ocean destination. Daily launches are undertaken with skilled facilitators to encounter and swim with wild Dolphins. Sound Journeys & other Sacred Music in the evenings, delicious food, Nature Walks, pristine beaches and some of the best diving and snorkelling coral reefs in the world. Tai Chi & Qi Gong on request.

[Link to retreat details](#)

Paul Carlos | +27 79 180 3916

RETREAT: SUNDANCING WITH DOLPHINS

Facilitators: Diana Sundancing Promotions &
Tiziana from Shanthi Sanctuary

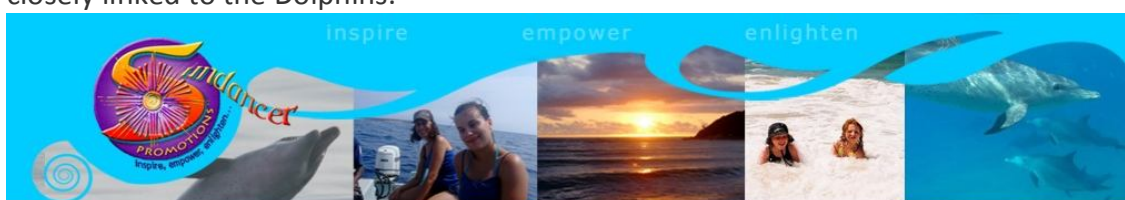
Name of Retreat: S

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Shanthi Soulful Retreat

Dates: 24 to 29 May 2013

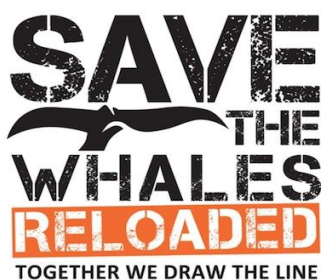
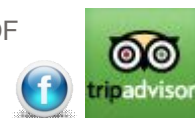
Retreat description: A Soulful Journey of inner exploration, rejuvenation and celebration, to the wild dolphins of Mozambique. There is something wonderfully exhilarating about swimming in a warm blue ocean observing and interacting with dolphins that swim the wild and free! Leave your cares behind and come play with us in the warm waters and on the golden beaches of Ponta do Ouro. Diana has been facilitating journeys to Ponta since 2002. She is an events conceptualiser/organiser, promoter, networker, writer and performer, as well as a meditation, workshop & retreat facilitator and worked for many years as a healing practitioner. She has a great affinity to and connection with the dolphins and is passionate about sharing this experience with others. Tiziana is an Associate at Shanthy Sanctuary and registered Diana Cooper Teacher of Atlantis and Lemuria – both of which civilizations were very closely linked to the Dolphins.



[Link to retreat details](#)

Diana Kumst | +27 82 300 8117

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